



Phyllis Reid Jarvis

Your Health is Your Wealth, Start Investing Now

Gift Certificate

\$150

\$150

One-Hundred Fifty dollars

Redeemable by bearer for one (1) Life/Health Coaching Session at PRJ Consulting

Phyllis Reid Jarvis, Dietitian, Certified Diabetes Educator, Health Coach
Tel: 204-229-2634

“Professional coaches provide an ongoing partnership designed to help clients produce fulfilling results in their personal and professional lives. Coaches help people improve their performances and enhance the quality of their lives”. *International Coaching Academy*

Interested in finding Solutions for your health goals?

Are you looking for permanent weight loss? Would you like to feel more energetic?

Do you wish for more balance and order in your work and personal life?

Having a Coach can help you reach your goals

Tel: 204-229-2634 Toll Free: 1-877-655-0507