

Why attend a Teleclass or a Webinar?

Teleclasses and webinars are affordable and convenient ways to take advantage of workshops and seminars that are delivered over the telephone and/or the internet. If you are too busy but want to attend a health and personal development workshop, don't wish to spend a lot of money or use time for traveling to a live workshop; then teleclasses and webinars are for you.

How do Teleclasses and Webinars Work?

Webinars are live classes delivered via the internet where you get to see and hear your workshop facilitator. If you are more comfortable learning via the telephone, then Teleclasses allow you to call in and participate in classes just by dialling a number. Both medium allow you to stay in the privacy and comfort of either your home or office, both getting rid of the hassle of having to find and pay for parking and all that comes with travelling to a workshop.

What is the format for conducting webinars/teleclasses?

Teleclasses and webinars are excellent ways to learn about health and personal development-related topics that interest you without the hassle of traveling to a class. Each teleclass/webinar focuses on a specific topic for a certain length of time.

The facilitator will introduce the topic and provide an overview of what is to be covered. Practical and relevant information will be delivered with time reserved for you to ask questions and participate in a way that best serves you. This could be by asking questions, getting individual coaching or by simply listening to the discussions. Classes are delivered just as if you drove to a live workshop!

You will have written material to follow along as well, your course booklets will have exercises for you to complete at your own leisure.

How do I connect to my classes?

Once you register for a teleclass or a webinar you will be given a phone number to call in and an access code to gain entrance to your session. You would call a few minutes prior to the start of your classes.

Once you are connected, you will be welcomed by your class facilitator. You will be 'in' classes with other participants just as eager and keen as you are to learn and grow without the hassle of traveling.

Can I access course materials prior to the start of classes?

Yes. Once you are registered you will be provided an access code that gets you into a secure section of our website. There you will be able to download the appropriate learning materials for your classes.

Do I need to be a computer expert to participate in the webinars?

You do not need to be computer savvy to participate in these classes. Although they are conducted over the internet, if you are already comfortable connecting to your internet browser and visiting different website, you will have no difficulty connecting to these webinars.

You will also be provided with simple instructions on how to connect.

Can I register for only a teleclass learning format OR a webinar learning format?

Yes. If you are more comfortable participating via the telephone you will still enjoy top quality classes from the comfort of your telephone.

If you prefer an internet environment where you have both audio and visual you can register for this format. Either way you will still enjoy the benefits of attending the same top quality classes.

Are webinar classes different from those offered via telephone?

No. The classes offered cover the same material and delivered within the same time frame. What is different is the mode of communication.

Do I have to pay long distance charges?

The telephone number that you will call into will be a Canadian telephone number, so depending on your telephone plan and where you call in from, you may have to pay the long distance charge.

Can I participate in the classes via Skype?

Yes. You will be given our Skype address, once you are added to our contacts you will be able to make a free Skype to Skype call.

What if I miss a class after registering?

All the classes will be recorded and stored on a secure section of our website. If you miss a class you will still be able to use your access code and listen to the classes as well as download the class materials associated with your classes to either an MP3 player or your computer. This allows you to listen to the classes at your convenience.

What else do I need to know?

Just show up open and willing to participate and learn. You will find this way of learning to be very empowering, time efficient and convenient.